



Cultural And Language Camp in Poland



A group of 10 students (5 girls and 5 boys) with Design and Technology teacher Giorgos Zarvos and Health Education teacher Rodoula Papalambrianou Karavella travelled to Poland between 18-25 September, 2023 to participate in the Healthy Lifestyle Camp organized by the HIE BIL Erasmus program.

The students in groups consisting of students from all the other participating countries, attended team building workshops and daily foreign language lessons and healthy nutrition workshops. They also composed the program's song that was recorded with all the students giving their own messages on healthy lifestyle choices.

Students also attended sports events daily, such as kayaking and climbing that allowed them to interact and get to know other students from different countries, as well as exercise. They also participated in creative workshops during which they decorated their own reusable bags, they tie-dyed t-shirts and created their own ERASMUS t-shirts each using his/her imagination.

In addition to all the learning, sports and creative activities students were entertained by singing around a bonfire, having a dance party and a foam party – all of which they enjoyed immensely.

During the camp, the teachers met with the General Coordinator, presented their country program related work and had valuable feedback regarding the program's continuation and completion. They also had the opportunity to socialize with colleagues from the other participant schools and exchange knowledge and experiences relating to the program's goals as well as teaching and life in each country.

During one of the three, daytrips organized by the Polish hosting team, teachers and students visited the area of Poznan and the Polish school and were presented with a warm welcome ceremony. The second daytrip was to the Second World War concentration camp at Chelmno during which students and teachers witnessed remains of one of the darkest pages of world history and learned about the horrors of war. The third daytrip allowed everyone to spend time at a local mall and shop for presents to exchange with the other students or to take back home.

Two of the evenings at the camp were dedicated to tradition. In turn, each group presented information about their country and offered traditional foods. These evenings were very special and memorable for everyone as they were not limited to information and delicacies but also included games, laughter and dancing!

One must note that during the camp, the hospitality of the Polish team was exemplary, and students and teachers were presented with plenty of healthy and heartwarming foods.

Being a part of this camp was, for everyone, a wonderful experience!